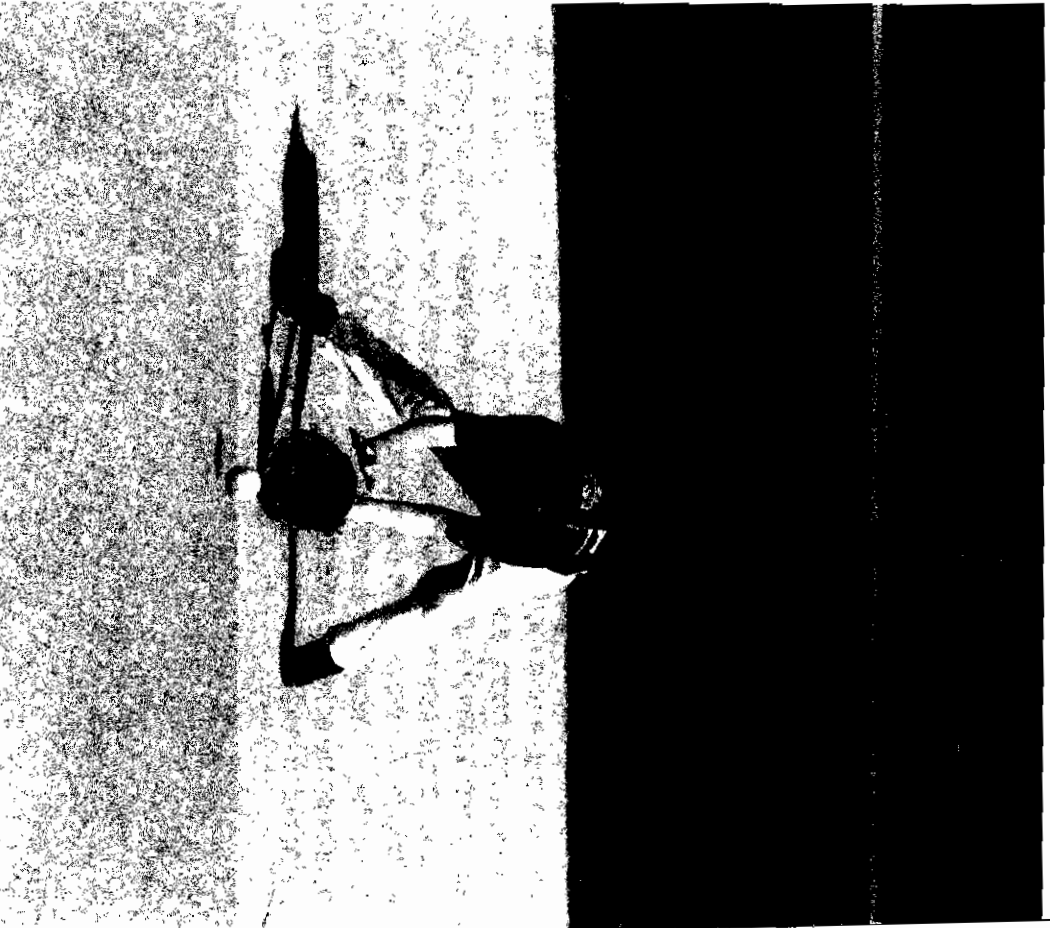


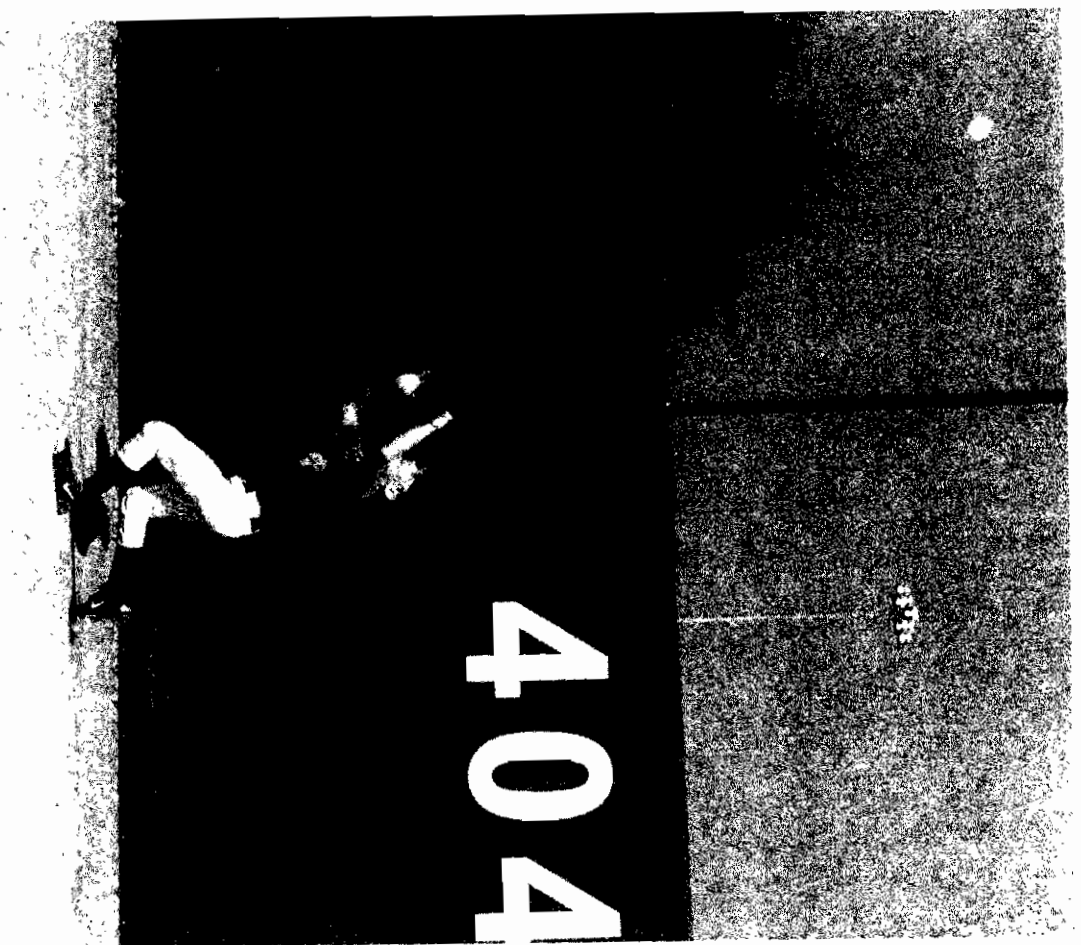
## Fielding Ground Balls



### KEY POINTS

1. Create a wide base with the feet.
2. Butt stays down; don't bend only at the waist.
3. Hands are out in front; see the ball into the glove.
4. Relax wrists; fingers point down and barely touch the ground.

## Fielding Fly Balls



### KEY POINTS

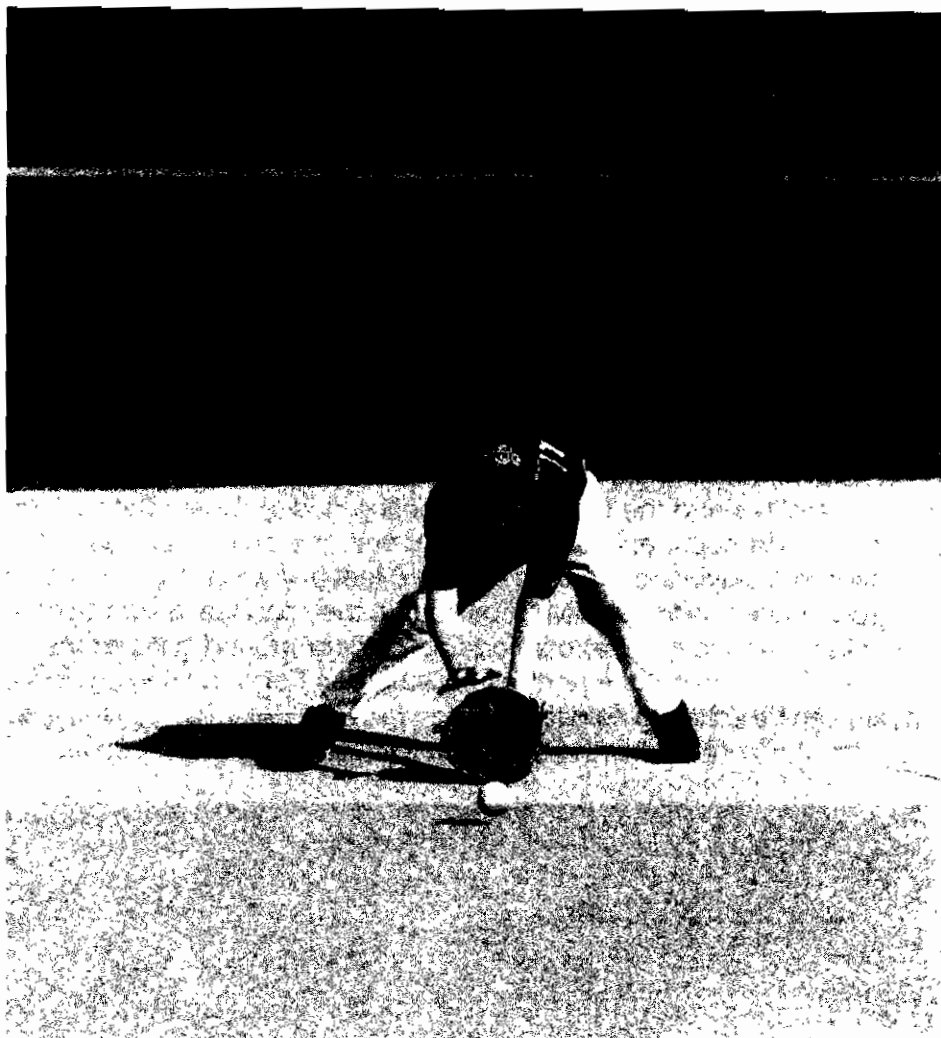
1. Get to the spot where the ball will land quickly; do not drift.
2. Watch the ball into the glove and catch the ball above the head using two hands whenever possible.
3. Try to move forward slightly as the catch is made.

t evident in the infield.  
id gadgets designed to  
e their eye-hand coord-  
d to use a glove to play

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it the same way every  
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s, and forehands. They  
ng and turning double  
le day for at least eight  
it all over again during

ocus on the same skills  
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ens quickly. The batter  
ng toward other bases.  
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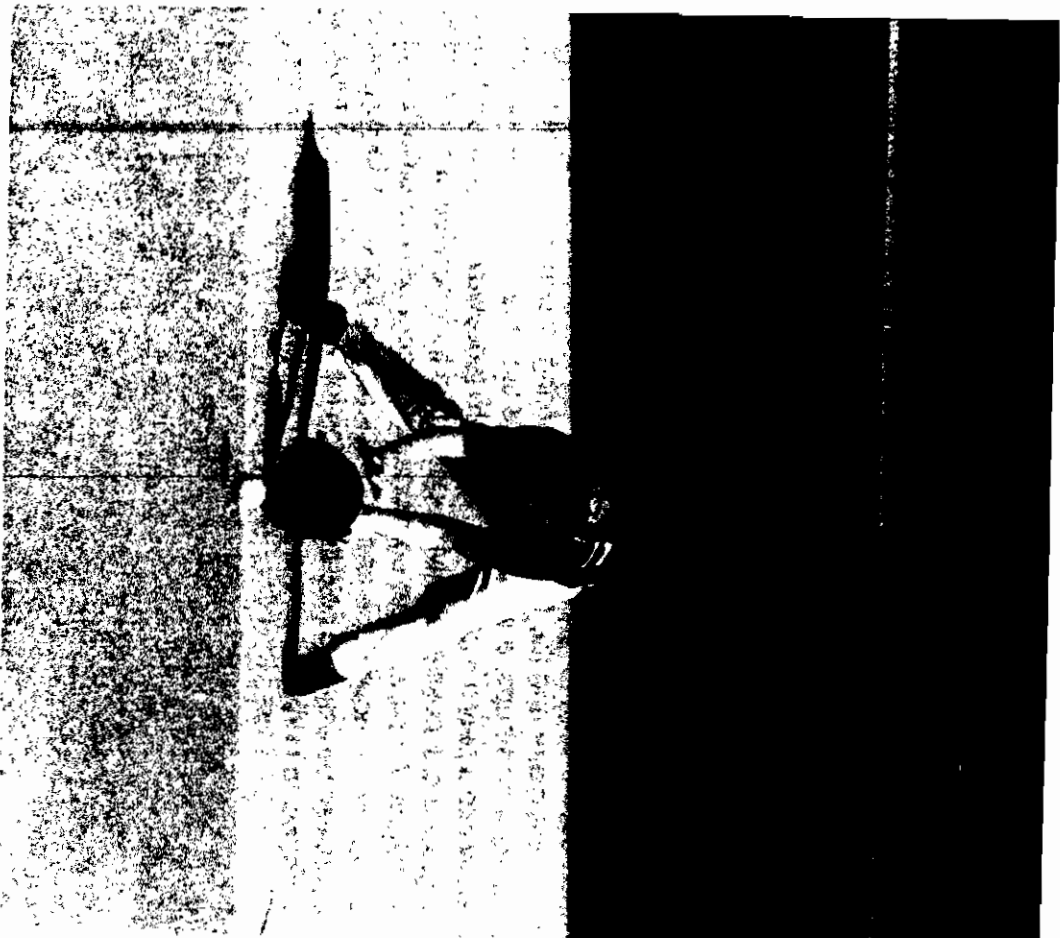
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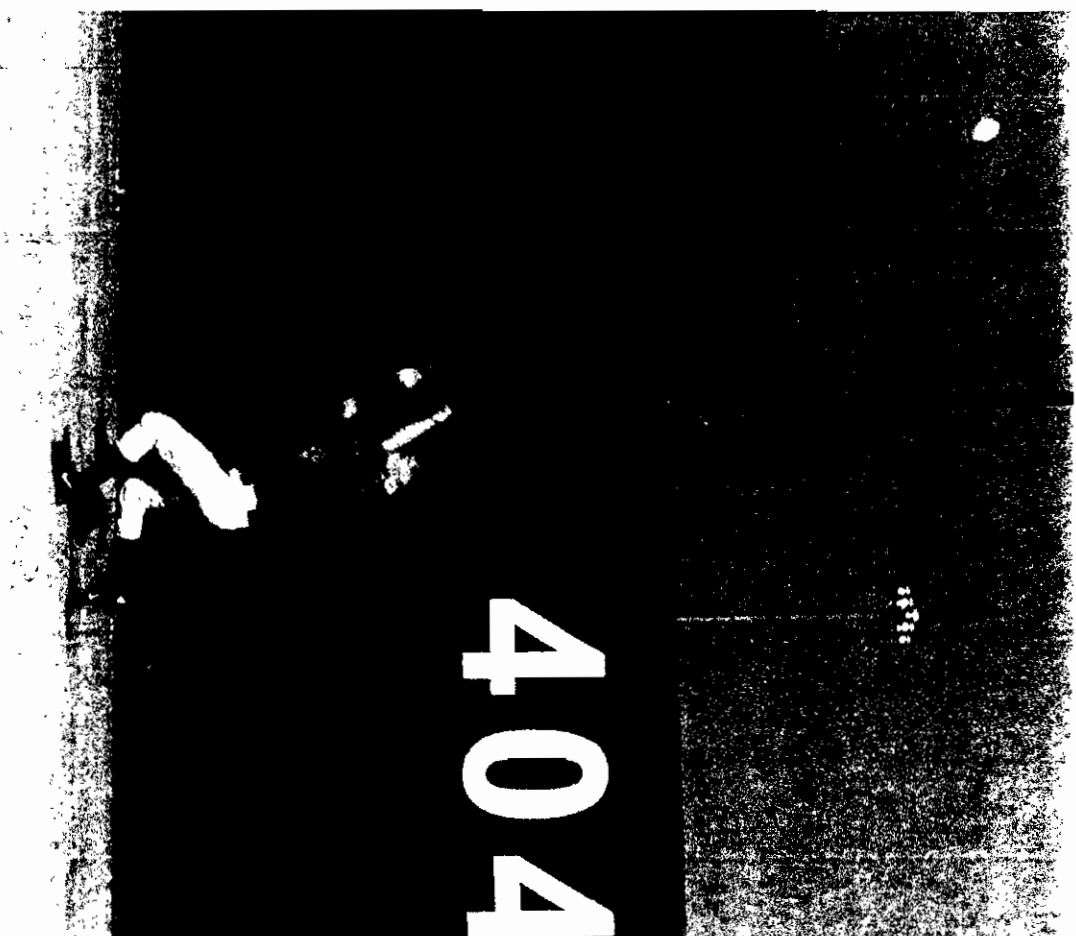
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